

# GoodNewsLetter

Unity Community Church

September - November 2018 • UnityDunedin.org • UnityDunedin@aol.com

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## SUNDAY SERVICES, 10:00 A.M.

**Sep 2 (Labor Day Weekend)** – Linda Carney,  
Licensed Unity Teacher

**Sep 9** – Kelley Hails, MD

**Sep 16** – Unity Community Prayer  
Chaplains service

**Sep 23** – Elsie Huebner, Spiritual Leader

**Sep 30** – Terence Young with special music

**Oct 7** – Elsie Huebner, Spiritual Leader

**Oct 14** – Valleri Crabtree "Faith First"

**Oct 21** – Rev. Lauren McLaughlin

**Oct 28** – Terence Young with special music

**Nov 4** – Rev. Grace DeBella

**Nov 11** – Veterans Day – Elsie Huebner,  
Spiritual Leader

**Nov 18** – Thanksgiving Week – Revs. Frank  
Drexler and David Panunzio

**Nov 25** – Elaine Silver (Gratitude and  
Oneness Through Song)



**Nov. 4** Turn clocks back one  
hour before going to bed Nov 3.

## PRAYER AND MEDITATION SERVICES

Wednesday, September 5, 7:00 p.m.

Wednesday, October 3, 7:00 p.m.

Wednesday, November 7, 7:00 p.m.

### 25<sup>th</sup> Annual

#### Unity World Day of Prayer Service

Thursday, September 13, 6:00 p.m. Come be  
with us as we join thousands of others around  
the world and Silent Unity in Prayer. The  
affirmation this year is "I am a healing  
presence."



## CHRISTMAS COLLECTION

### October 1 – November 18

We will again be joining Rev. Frank Drexler and  
Rev. David Panunzio in their annual toy  
collection for the Marine Corps. Please choose a  
new toy of your choice to bring to church for  
the drive. Frank and David will pick them up at  
church on November 18. This is our way to  
make sure that every child receives a special  
toy at Christmas time.

## THANKSGIVING POTLUCK LUNCHEON

Sunday, Nov.18, after church service.

Church will provide the turkey. Please bring a  
holiday dish to share and invite your family and  
friends to celebrate with us.

## Shriner's Hospitals for Children Project concludes October 1.

Shriner's Hospitals  
care for children with orthopaedic difficulties,  
burns, spinal cord injuries and cleft lip and  
palate, regardless of ability to pay. Thank you  
for dropping a quarter in the Shriner's jar  
whenever you are a church. Soon we'll be  
counting your donations and sending a check to  
Shriner's Hospitals for Children.

## GOOD TO KNOW

**A Course in Miracles**, meets every Friday 10:00 – 11:30 a.m. Class led by Martha Landry. Love Offering.

**Dunedin Toastmasters Club** meets at Unity Community Church every Tuesday, 7:00 – 8:30 p.m. If you are interested in learning public speaking skills, increasing leadership abilities, and making new friends, please visit any Tuesday.

**Who is Kelley Hails, MD?** Kelley is a former Emergency physician, who moved to energy healing after a health crisis of her own. She is board-certified in Integrative Holistic medicine with mind-body training from Harvard Medical School. She is a Certified Facilitator of the Work of Byron Katie and a Certified Brennan Healing Science practitioner. Kelley is also an award winning artist, a spiritual retreat presenter and active in the Dunedin Toastmasters Club, where she is serving as Treasurer. She will be our guest speaker on Sunday, Sep. 9.

**Prayer Chaplains.** Our Prayer Chaplains pray with our members, hold them in sacred space, visit them when they are ill, and make wellness telephone calls each month. They will also be presenting the entire Sunday service on September 16. We most sincerely appreciate all the ways our Prayer Chaplains serve.

**Dunedin Food Pantry.** Please bring donations of unopened packaged and canned food of all kinds. Leave them in the baskets in the lobby or fellowship room. We appreciate Bill Baird for delivering our donations to the Pantry.

**Prayer Box.** Every written request you place in the prayer box at church will be given prayer treatment at Unity Community, then sent to Silent Unity for an additional 30 days of prayer. Your prayer requests are held in confidence and are important to us.

**Stamp Project.** Bring your used postage stamps to church; put them in the basket on the table in the sanctuary. The income from selling the stamps goes to prepare, publish and distribute Spanish Sunday school programs in Latin America.

**Notary Public.** Elsie is a Notary. If you need a document notarized, let Elsie know. No cost to members of our church.

**“Lessons in Truth” and “Prosperity”** podcasts on our church website [www.unitydunedin.org](http://www.unitydunedin.org).

Let’s have another **Jewelry Sale.** Please bring your excess jewelry to church and give to Elsie. After enough has been collected, cleaned, repaired, and marked, we’ll schedule the date.

**Energy Healing Training Workshop** date will be announced at church soon.

**Spiritual Counseling.** Please call Elsie for an appointment if you feel spiritual counseling will help. She will help you find the answers from your own inner Christ Spirit.

**Stop By and Visit.** Elsie is at church every Monday (10:00 – noon). No appointment necessary. Just stop by.

## THE HEARTS GARDEN

The heart is a garden where thought flowers grow;  
The thoughts that we think are the seeds that we sow.  
Every kind, loving thought bears a kind, loving deed;  
While a thought that is selfish is just like a weed.  
We must watch what we think, each minute, all day;  
And pull out the weed thoughts and throw them away;  
And plant loving seed thoughts so thick in a row  
That there will not be room for weed thoughts to grow.

...by Unity writer, Katherine Merrill



**Betty Perram**, one of our

long-time members, passed away July 4, while under hospice care. For many years, Betty created our Easter Circle of Life Flower arrangement and served in various other capacities. Betty had not been able to attend church in several years, but always kept her membership active with her love and support.

**Nadine Giani**, recently joined our church after being a friend for over 20 years. She was our "go-to" person at the bank our church used from the earliest days. After retirement, she remained involved and interested in Unity Community. After several weeks in Rehab, Nadine took ill suddenly and died July 13 in the hospital, surrounded by several of her six children and family. We held a Celebration of Life Service for Nadine at Unity on July 17.

**Jim Minner**, was a loving, considerate, and brilliant gentleman, who joined our church three years ago. He and his wife, Carol, were originally "snow birds" but then moved permanently to Florida. Jim made his transition on Thursday, July 26. We celebrated his life with a Memorial Service at Unity the next day, July 27, to accommodate his children who were all in town to be with Jim on his last days.

**Jerry Constantino, Jr., Pat Crogan's brother**, died suddenly on August 3, at the age of 66. Pat and all her family were together for a long vacation in New York when Jerry had a heart attack. A Memorial Service was held at a funeral home in Corinth, New York.

Though our hearts are saddened by these losses, we remember the words of Jesus Christ, (from the Gospel of John), *"Let not your heart be troubled: believe in God, believe also in me. In my Father's house are many mansions; if it were not so, I would have told you: for I go to prepare a place for you. And if I go and prepare a place for you I come again, and will receive you unto myself; that where I am, there you may be also."*

We do not say, "Goodbye" to our beloved ones, but instead we say, "God speed on your way."

**Winifred Wilkinson Hausmann's  
Twelve Formulas for  
DEALING WITH STRESS  
Through Spiritual Methods**

1. Don't try to force your own way – Don't talk a lot – Become still – Let God make the decision.
2. Release mistakes of the past, yours and others – Play your own game, one step at a time – Follow the Christ.
3. Don't review your troubles or anxieties – Give thanks to God for your blessings – Fill your mind with positive, powerful thoughts of good.
4. Refuse to let others determine your reaction – See the Christ, not the error – Release others to their own good.
5. Don't hurry – Don't let time be a burden – Establish priorities.
6. Don't let your body and its demands rule your life – Be true to yourself, don't try to impress others – Don't compromise with the world.
7. Relax and release – Forgive and forget – Be willing to learn a new way.
8. Believe in prosperity as your divine right – Work for God, not for money – Take God as your partner.
9. Accept God's forgiveness – Correct the error – "Press on toward the goal."
10. Stop all outer activity and turn to God – Regardless of appearances, speak positively and look for the good – Replace thoughts of loss with thoughts of love – Follow the spiritual guidance that comes.
11. Establish a worthwhile goal – Put small things into the larger concept.
12. Adopt a positive attitude, refuse to take things personally – Hold people and things with open hands – Let love expand your world.

([www.truthunity.net/dealing-with-stress](http://www.truthunity.net/dealing-with-stress))

## It's Time to Meet Theresa McComber, President of our Board of Directors!

Born in Wisconsin but raised in Bensalem, Pennsylvania (northeast of Philadelphia), Theresa was one of six children. She has two brothers and three sisters. Theresa was raised Catholic and attended Catholic school for five years. She remembers herself as being a "social butterfly" as a child; she was also very musical. She enjoyed dance lessons - tap and ballet, as well as piano and organ lessons. Theresa recalled that her whole family had paper routes!

After graduating from high school, Theresa took classes at Mercer County Community College. When she was 21, she met Rick and they moved to Florida. They married and soon became the parents of two sons, Andrew and Jonathan. Theresa feels very fortunate that she was able to stay home to raise them, and this she did for 13 years. During that time she had a strong network of friends who also had children the same ages as her sons. Interestingly, it was through Mary Kay Cosmetics that Theresa found Unity. One of her "Mary Kay" friends invited her to attend Unity Clearwater, and Theresa started taking classes there through a program called High Risers. She continued to take Unity classes for credit. When her sons were still preschoolers the family moved to Dunedin, and they became members of Unity in Palm Harbor. Theresa served as the Director of Youth Education there for several years. She describes this as her favorite job - creating the curriculum and working with 20 volunteers and the kids. Theresa also served as a Prayer Chaplain there.

Theresa's involvement with Unity increased, and soon she earned her Bachelor's Degree from USF in the area of speech-language, with a minor in religious studies. As part of her religious studies she worked with Professor Dell de Chant, doing

a paper on Catholicism. She learned so much during this time, and credits this professor with providing the opportunity for healing. She learned that religion is not the same as spirituality. Theresa gained a sense of peace through this knowledge; at last she was able to put to rest some of her childhood fears stemming from her early Catholic education. She felt a strong desire to become a spiritual minister.

When son Jonathan was 13, Theresa went back to work for the State of Florida, determining Medicaid eligibility. After twenty years she moved on to the department of Elder Affairs, a process determining the level of care needed to enter a nursing facility. Theresa continues to work in this endeavor.

Asked about what she considers to be her greatest accomplishment(s), Theresa went back to being able to be a "Stay - at - Home Mom." She recalls her oldest son recently saying to her, "Thanks for staying home with us, Mom!" While working as Youth Director she had taught the children to meditate. Theresa remembers how her sons, when they might have trouble sleeping, would say to her, "Come and meditate me, Mom." Theresa is pleased that they still want her to be part of their lives; she is very proud of how, as a family, they took care of Rick while he suffered with cancer.

In her leisure time, Theresa enjoys quilting, kayaking, keeping fit through activity and proper diet, and reading. She loves to read stories about families and their overcoming struggles.

Hopes for her future and goals? Theresa feels that Unity has given her wonderful guidelines to live by, and she would like to share them. She still dreams of becoming a Licensed Unity Teacher! We support you in that dream, Theresa! We're very proud and happy to have you as part of Unity Community Church in Dunedin, especially in your new role as our Board President! We love you and we bless you!

.....Marilyn Renner

## FINANCIAL REPORT – June 2018

Income	\$ 3,393.89
Expenses	\$ 4,654.51
Difference	- \$ 1,260.62

We had some long overdue electrical work done during June. All the ceiling lights in the sanctuary were replaced with new LED panels, which include a dimmer switch. We got a new front porch chandelier and automatic timer. The two electrical meters were converted to one, which will save us money over the years.

Our next property project will be replacing the gutters and downspouts on the back of the building. They are very old and the gutters have holes in them. When it rains, water pours down over the back windows. Replacement is necessary.

We are grateful to all of you who give so generously to our church throughout the year. May your loving gifts be returned to you, increased and multiplied many times over. Thank you.

## WORDS TO LIVE BY

We can do anything we wish if we will stop scattering our energy and organize our thinking, if we will live with wisdom. **Think** of what you want, **talk** in terms of what you want, **expect** what you want and **act** as though you had it.

.....Raymond Charles Barker



## HAPPY SPECIAL DAYS

### Birthdays

Sep 2 – Bill Baird,

Sep 7 – Theresa McComber

Sep 20 – Frank Kuncz, Jr.

Sep 24 – Amy Brannen

Sep 25 – Cathy Zeph

Oct 5 – George Beardsley

Oct 12 – John Oberst

Oct 13 – Diane Starr

Oct 13 – Marilyn Renner

Oct 16 – Lesley Blake

Oct 20 – Helen Quinn

Oct 28 Bob Wentzel

Nov 4 – Bernice Whitaker

Nov 20 – Laura Ronan

Nov 27- Kathy Smith

## Anniversaries

Oct 22 – Frank and Dee Kuncz

*Mary Lou Thomas is in charge of our Card Ministry. She sends our cards for birthdays, anniversaries, Thinking of You" and Condolence. If we missed anyone's special day, or if someone is ill or has had a death in the family, please let Mary Lou or Elsie know.*